



**American Geriatrics Society**



**National Council of State EMS Training Coordinators**



## ALS Course Modular Schedule (3 Sessions)

### Session 1

Lecture	Aging	15 minutes
Video—Segment 1	Aging	10 minutes
Lecture	Changes with Age	30 minutes
Video—Segment 2	Communication and Assessment	10 minutes
Lecture	Communicating with Older People and Their Caregivers	30 minutes
Break		10 minutes
Lecture	Assessment of the Older Patient	30 minutes

### Concurrent Sessions (Scenarios and Skill Stations)

Scenarios	Communication Challenges	45 minutes
Skill Stations	Conducting a Patient Assessment Interview	(45 minutes)

**Total Time Session 1: 3 hours and 45 minutes**

**Content Time Session 1: 3 hours and 35 minutes (does not include breaks)**

### Session 2

Lecture	End-of-Life Care Issues	15 minutes
Lecture	Trauma, Musculoskeletal Disorders, and Falls	30 minutes
Lecture	Neurological Emergencies and Altered Mental Status	30 minutes
Break		10 minutes
Lecture	Respiratory and Cardiovascular Emergencies	40 minutes

### Concurrent Sessions (Scenarios and Skill Stations)

Scenarios	Do Not Resuscitate Orders	
	Stroke	30 minutes
Skill Stations	Immobilization	(30 minutes)

**Total Time Session 2: 3 hours and 5 minutes**

**Content Time Session 2: 2 hours and 55 minutes (does not include breaks)**

### Session 3

Lecture	Elder Abuse and Neglect	20 minutes
Lecture	Pharmacology and Medication Toxicity Emergencies	45 minutes
Lecture	Psychiatric Emergencies	30 minutes
Break		10 minutes
Scenarios	Medication Interactions	
	Dementia vs. Delirium	
	Elder Abuse	45 minutes
Video—Segment 4	Intravenous Therapy	10 minutes
GEMS Written Exam		20 minutes

**Total Time Session 3: 3 hours**

**Content Time Session 3: 2 hours and 50 minutes (does not include breaks)**