



**American
Geriatrics
Society**



**National Council
of State EMS
Training Coordinators**



BLS Course Modular Schedule (2 Sessions)

Session 1

Lecture	Aging	15 minutes
Video—Segment 1	Aging	10 minutes
Lecture	Changes with Age	30 minutes
Video—Segment 2	Communication and Assessment	10 minutes
Lecture	Communicating with Older People and Their Caregivers	30 minutes
Break		10 minutes
Lecture	Assessment of the Older Patient and Pharmacology	30 minutes
Lecture	End-of-Life Care Issues	15 minutes

Concurrent Sessions (Scenarios and Skill Stations)

Scenarios	Communication Challenges	45 minutes
Skill Stations	Conducting a Patient Assessment Interview	(45 minutes)

Total Time Session 1: 4 hours

Content Time Session 1: 3 hours and 50 minutes (does not include breaks)

Session 2

Lecture	Trauma, Musculoskeletal Disorders, and Falls	30 minutes
Video—Segment 3	Immobilization	10 minutes
Lecture	Neurological Emergencies and Altered Mental Status	30 minutes
Break		10 minutes

Concurrent Sessions (Scenarios and Skill Stations)

Scenarios	Do Not Resuscitate Orders Stroke	30 minutes
Skill Stations	Immobilization	(30 minutes)

Lecture	Respiratory and Cardiovascular Emergencies	40 minutes
Lecture	Elder Abuse and Neglect	20 minutes
Scenarios	Medication Interactions Dementia vs. Delirium Elder Abuse and Neglect	40 minutes
Break		10 minutes
GEMS Written Exam		20 minutes

Total Time Session 2: 4 hours and 30 minutes

Content Time Session 2: 4 hours and 10 minutes (does not include breaks)