



American Geriatrics Society



National Council of State EMS Training Coordinators



BLS Course One-Day Schedule

Lecture	Aging	15 minutes
Video—Segment 1	Aging	10 minutes
Lecture	Changes with Age	30 minutes
Video—Segment 2	Communication and Assessment	10 minutes
Lecture	Communicating with Older People and Their Caregivers	30 minutes
Break		10 minutes
Lecture	Assessment of the Older Patient and Pharmacology	30 minutes

Concurrent Sessions (Scenarios and Skill Stations)

Scenarios	Communication Challenges	45 minutes
Skill Stations	Conducting a Patient Assessment Interview	(45 minutes)

Lunch		30 minutes
Lecture	End-of-Life Care Issues	15 minutes
Lecture	Trauma, Musculoskeletal Disorders, and Falls	30 minutes
Video—Segment 3	Immobilization	10 minutes
Lecture	Neurological Emergencies and Altered Mental Status	30 minutes
Break		10 minutes

Concurrent Sessions (Scenarios and Skill Stations)

Scenarios	Do Not Resuscitate Orders	
	Stroke	30 minutes
Skill Stations	Immobilization	(30 minutes)

Lecture	Respiratory and Cardiovascular Emergencies	40 minutes
Lecture	Elder Abuse and Neglect	20 minutes
Scenarios	Medication Interactions	
	Dementia vs. Delirium	
	Elder Abuse and Neglect	40 minutes
Break		10 minutes
GEMS Written Exam		20 minutes

Total Time: 9 hours

Content Time: 8 hours (does not include breaks or lunch)